

Become a Master Food Volunteer!

What are the benefits of becoming a Master Food Volunteer (MFV)?

- Develop new avenues for serving the community.
- Meet others who share a passion for food.
- Participate in classes, by either leading or assisting, to teach others about food.
- Learn up-to-date practices on food safety and nutrition.
- Take your knowledge of food to the next level.
- Have a great time doing something you love!

What is required of MFVs?

- Volunteers go through local training, taught by County Extension professionals and existing Master Food Volunteers.
- After training, volunteers give 8 hours of service back to the community and log 8 hours of continuing education annually, under the guidance of their district Extension Agent.
- Volunteers must enjoy working with youth and/or adults and be willing to share your love of food through various food-related projects and events.
- If you own or work with any food-related business, you cannot promote those products as a Master Food Volunteer.

How do I apply?

- Application forms are available online at www.maraisdecygn.es.k-state.edu or by calling (913) 795-2829.

What does the first year of training look like?

- Training will consist of 3 in-person classes throughout the year at either the Mound City or Paola Extension Office.
- You will be assigned a Master Food Volunteer mentor to help guide you and answer any questions you may have.
- There will be additional opportunities for shadowing according to what fits your schedule, with a goal of shadowing at least 3 different types of classes.
- You will also be given a Master Food Volunteer Handbook.

For more information, contact:

Franny Eastwood, MS, MPH, RD, LD
Nutrition, Health & Wellness Agent
(913) 795-2829
fmeastwo@ksu.edu

KSTATE RESEARCH & EXTENSION MASTER FOOD VOLUNTEER APPLICATION

The Karen Brown Memorial Fund covers the cost to become a Master Food Volunteer. The fee includes the cost for a background check, an apron, nametag and teaching supplies for this training. Because memorial funds cover these costs, we request serious applicants only, please.

INSTRUCTIONS: Please print neatly or type and return to your county agent at the address below. Once your application has been received, we will contact you to arrange an informational interview to answer questions and review program requirements.

Name (print) _____ Date of application _____ County _____

Address _____ City _____ Zip Code _____

Phone (day) _____ Phone (evening) _____ email _____

Why do you want to become a Master Food Volunteer?

How did you learn of the Master Food Volunteer Program?

Types of food/nutrition experience and related training and/or volunteer work, etc.:

List areas of specialties or hobbies related to food/nutrition:

Signature _____ Date _____

Return Application to: Franny Eastwood

Marais des Cygnes Extension

115 S. 6th St.

PO Box 160 Mound City, KS

66056

or email to fmeastwo@ksu.edu

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