HELP SAVE A LIFE
If someone you knew was contemplating suicide, would you recognize the signs and know how to help?

QPR Suicide Prevention Training

2 Classes Offered

Monday, September 26th
12:30 - 2:00 pm & 6:30 - 8:00 pm

LaCygne Library
209 N. Broadway, LaCygne, KS

Learn to recognize the warning signs, clues and suicidal communications of people in emotional distress.

Gain the skills to act to prevent possible tragedy.

QPR provides information on effective techniques to:

- Ask the appropriate questions
- Persuade individuals to seek help
- Refer them to the appropriate resources

Please RSVP by calling: 913-757-2151

Seating is limited. Please RSVP soon to guarantee your spot in the class!

Instructor:
Shelly Kelley, Southeast Kansas Mental Health Center

Question. Persuade. Refer. (QPR)
Ask a question, save a life.