Healthy Living for Your Brain & Body



Learn how certain behaviors affect our brains and bodies and strategies for healthy decision-making.

This is an educational program provided by K-State Research & Extension.

Presented by: Kathy Goul,
Family and Consumer Science Agent.

Thursday, March 7 10:00 - 11:00 am OR 6:00 - 7:00 pm Louisburg Library

Register at www.louisburglibrary.org or call 913-837-2217

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