



K-STATE

Research and Extension

Master Food Volunteer



**BECOME A
MASTER
FOOD VOLUNTEER
TODAY!**

**CONTACT YOUR COUNTY
OFFICE TO LEARN MORE!**



WHY?

Increase your knowledge of
nutrition, health, wellness, cooking
techniques, & food safety

Make new friends with similar interests

SHARE YOUR PASSION OF HEALTH AND
FOOD WITH OTHERS

***Get to know your community
in a new & exciting way***

Have fun!