**WHAT IS 4-H?**

We teach kids from all backgrounds how to become well-rounded individuals. We do that by teaching the four H’s:

<table>
<thead>
<tr>
<th>HEAD</th>
<th>Make sound decisions, stick with your goals and develop practical skills.</th>
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<tbody>
<tr>
<td>HEART</td>
<td>Act with integrity and accountability.</td>
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<tr>
<td>HANDS</td>
<td>Put the needs of the community first and commit to serving others.</td>
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<tr>
<td>HEALTH</td>
<td>Actively take care of your mind and body.</td>
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**WHAT WILL I DO?**

4-H centers around projects. Members choose from a wide range of individual projects based on their interests and community availability. Through these projects, members set goals, learn the necessary skills, and exhibit or demonstrate their skills at events like county fairs, speaking contests and competitions.

Linn County 4-H  
Marais des Cygnes District - Mound City Office  
[www.maraisdescygnes.ksu.edu](http://www.maraisdescygnes.ksu.edu)
WHAT CAN I DO?

If you're interested in something, it can probably become a project. Here's a sampling:

GROW NEW IDEAS

It doesn't matter where you live, what you want to be when you grow up, or your level of experience. 4-H is a club of kids and their families who take part in fun, practical projects from woodworking to rocketry, and everything in between.

Join 4-H and explore exciting ways to grow, together.

JOIN A CLUB NEAR YOU!

For more information contact:

Abbie Powell; abbie2@ksu.edu; 913-795-2829
Marais des Cygnes District, Mound City Office
115 S. 6th PO Box 160 Mound City, KS 66056

Linn County 4-H Clubs

Busy Workers 4-H Club - 1st Sunday - 5pm
Labette Bank - LaCygne
Call Amy Loomis - (913)757-2784 to join this club.

Cadmus 4-H Club - 1st Wednesday - 6:30 pm
Cadmus Grange - Cadmus
Call Misty Pope - (316)323-7314 or
Annaliessa Baird - (816)678-3778 to join this club.

Barn Harvesters 4-H Club - 4th Sunday - 4:00 pm
The Barn - Blue Mound
Call Tammy Connor - (620)203-8780
or
Tracy Lindsey - (913)285-0283 to join this club.

Parker Thunderbirds 4-H Club - 2nd Sunday - 4:30pm
Masonic Lodge - Parker
Call Kendra Browning - (913)259-1164 to join this club

Valley Rangers 4-H Club - 1st Sunday - 2pm
Labette Bank - Pleasanton
Call Kristi McKee - (913)904-4614 to join this club

Busy Bugs 4-H Club - 2nd Sunday - 4pm
4-H Building - Mound City
Call Courtney Lanham - (913)259-1239
or
Christina Chapman - (913)352-8170 to join this club

Helping Hands 4-H Club - 1st Sunday - 5pm
4-H Building - Linn County Fairgrounds
Call Mindy Schuler - (620)228-3220
or
Kitty Rhynerson - (913)594-2999 to join this club.