If someone you knew was contemplating suicide, would you recognize the signs and know how to help?

Learn to recognize the warning signs, clues and suicidal communications of people in emotional distress. Gain the skills to act to prevent possible tragedy.

**QPR provides information on effective techniques to:**
- **Ask** the appropriate questions
- **Persuade** individuals to seek help
- **Refer** them to the appropriate resources

**Adult and Youth Sessions Offered!**
Sessions run concurrently. Must be age 13+ to attend youth session.

Please RSVP by calling: 913-294-4306

Classes will be taught by Shelly Kelley and Angie Smith from Southeast Kansas Mental Health Center. For more information on this program, contact Kathy Goul or Karla Hightower at 913-294-4306.

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