

Guidelines for 4-H Day

Event: Solo Dance

Objective(s):

1. To enhance the individual's awareness and skills in specific areas of dance.
2. To provide learning experiences for dancers that will be challenging to interested 4-Hers at their level of skill.

Time Limit:

1. Time limit is 7 minutes maximum.
2. Judge will deduct one ribbon placing if time is exceeded; 30-second grace period.
3. Judge will serve as the timekeeper.

Equipment and/or Facilities Provided by Event Monitors:

1. Performance area may have any kind of surface and should be large enough for up to 30 people such as a stage or gym floor.

Equipment Provided by Participants:

1. Accompaniment is optional and may be recorded or live. Performers opting to use accompaniment must provide the accompanist or recorded accompaniment (with playback equipment).
2. Props as needed; no sets.

Guidelines:

1. There will be the following divisions:
 - Junior: ages 7-9
 - Intermediate: ages 10-13
 - Senior: ages 14-18
2. Dancers should introduce themselves including the names of the participants and their 4-H club(s). Introductions should also include the type of dance being performed.
3. **Performers should recognize this is a family event and choose costumes, themes, and performances that show respect for both the performers and the audience.**

Definitions:

Musicality/ Interpretation: The ability of the dancers to not only dance to the music but to effectively express the mood and artistic dynamics of the accompaniment through physical expression and timing.

Combinations: The choreographed phrases of individual dance steps and movements that compose the dance as a whole.

Resources: Resources that may be used in planning this event include:

Dance teacher
Older 4-Her
Older dancer

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Solo Dance Score Sheet

County (circle one):

LN

MI

Name:

4-H Club:

Years in 4-H: **4-H Age:** **Division:** Junior (7-9) ___ Intermediate (10-13) ___ Senior (14-8)___

Event time limit: 7 minutes

Actual event time:

Weight	The dancer	P	B	R	W	Comments
40	Knowledge Fundamentals <ul style="list-style-type: none"> • Body lines • Correct and precise technique specific to style • Balance • Projection Complexity/Difficulty <ul style="list-style-type: none"> • Variations and combinations performed in dance 					
30	Ability And Coordination Execution <ul style="list-style-type: none"> • Musicality/interpretation • Rhythm • Movement • Timing 					
30	Personality & Poise (General Impression) Appropriateness <ul style="list-style-type: none"> • Style of dance appropriate for 4-H setting / age of dancer Costuming <ul style="list-style-type: none"> • Appropriate fit, appearance • Originality, respects audience • Style appropriate for dance performed Stage Presence <ul style="list-style-type: none"> ▪ Confidence ▪ Smile, showmanship Overall Style <ul style="list-style-type: none"> ▪ Footwork (where applicable) ▪ Position, carriage ▪ Enjoyment, respects audience 					

Penalty: ___ Exceeds time (30-second grace period) = reduction by one ribbon

Circle **ONE** **Top Purple*** **Alternate Top Purple*** **Purple** **Blue** **Red** **White**

*Top Purple and Alternate Top Purple are only used at County or District 4-H Day.

Reason for Ranking and other Comments: (Use back of sheet for additional comments.)

Judges initials: _____