

# “Happiness is Homemade” Program Series

**July-November**

**6:00 pm**

Mound City Library  
630 West Main St  
Mound City, KS



**Join us to learn more about home cooking without all the fuss!**

Presented by Franny Eastwood  
Marais des Cygnes Extension District  
Family and Consumer Science Agent

**Class 1- Meals in Minutes:  
July 12<sup>th</sup>**

Will highlight getting meals on the table while making the most of your time. Tips and recipes for freezer meals, slow cookers and microwaves will be provided.

**Class 2- Meals from Homemade  
Mixes: September 18<sup>th</sup>**

Save money, time and know what is in your food using homemade mixes. Will provide information & recipes for a variety of mixes- from main dishes to desserts.

**Class 3- Favorite Fruits and  
Various Veggies: October 25<sup>th</sup>**

We all know we should eat more fruits and vegetables. This class will highlight recipes using fruits and vegetables as well as ways to store your produce so it will last longer.

**Class 4- Hands on Cooking  
with What's On Hand:  
November 29<sup>th</sup>**

Find out more about “recipe frameworks,” a flexible approach to recipes using what you have in your pantry. Cut down on your food waste and be creative when cooking!

**RSVP deadline is 2 days before  
the class to: 913-795-2788**

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