

# Alzheimer's 101



## Topics Covered will Include:

- The difference between Alzheimer's disease & dementia
- The 10 warning signs of Alzheimer's
- The benefits of early detection and diagnosis
- Steps you can take now to better your own brain health

**Thursday, November 1<sup>st</sup>**

**12:30 pm & 6:00 pm**

**LaCygne Library**

209 N. Broadway, LaCygne

913-757-2151

**Tuesday, November 13<sup>th</sup>**

**10:00 am & 6:00 pm**

**Marais des Cygnes Extension District**

**Paola Office**

104 S. Brayman, Paola

913-294-4306

**Thursday, November 15<sup>th</sup>**

**11:00 am & 6:00 pm**

**Osawatomie Library**

527 Brown, Osawatomie

913-755-2136

**Tuesday, November 27<sup>th</sup>**

**11:00 am & 6:00 pm**

**Mound City Library**

630 W. Main Street, Mound City

913-795-2788

**Please call to reserve your space today!**

***Presented by: Kathy Goul, Family & Consumer Science Agent  
K-State Research & Extension, Marais des Cygnes District***

For more information about Adult Development & Aging, visit our website at:  
[www.maraisdescygn.es.k-state.edu](http://www.maraisdescygn.es.k-state.edu).

**K-STATE**  
Research and Extension

Marais des Cygnes  
District

Kansas State University is committed to making its services, activities and programs accessible to all participants. If you have special requirements due to a physical, vision, or hearing disability, contact Kathy Goul at 913-294-4306.

**Kansas State University Agricultural Experiment Station and Cooperative Extension Service**  
K-State Research and Extension is an equal opportunity provider and employer.